

## NITRIC OXIDE MEDIATES INTERLEUKIN-1-INDUCED PROSTAGLANDIN E<sub>2</sub> PRODUCTION BY VASCULAR SMOOTH MUSCLE CELLS

Takuo Inoue, Keisuke Fukuo,<sup>1</sup> Shigeto Morimoto, Eio Koh, and Toshio Ogihara

Department of Geriatric Medicine, Osaka University Medical School, 2-2, Yamadaoka, Suita, Osaka, 565, Japan

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**SUMMARY:** We examined the possible participation of nitric oxide (NO) in the activation of cyclooxygenase, a heme-containing enzyme, induced by interleukin-1 (IL-1) in vascular smooth muscle cells (VSMC). IL-1 induced a delayed and prolonged release of both NO and prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) from VSMC. NG-monomethyl-L-arginine (L-NMMA), an inhibitor of NO synthesis, partially but significantly inhibited the PGE<sub>2</sub> release induced by IL-1, whereas it completely inhibited the IL-1-induced NO production. The inhibitory effects of L-NMMA on IL-1-induced production of both NO and PGE<sub>2</sub> were partially reversed by a 10-fold excess of L-arginine. In addition, coinubation with superoxide dismutase enhanced the IL-1-induced PGE<sub>2</sub> release from VSMC. In contrast, 8-bromo-cyclic GMP did not stimulate PGE<sub>2</sub> release. Furthermore, 0.2 mM sodium nitroprusside directly stimulated PGE<sub>2</sub> release from VSMC. These findings suggest that NO at least in part mediates the IL-1-induced PGE<sub>2</sub> production, and that NO may be one of the important signals for the activation of cyclooxygenase to produce PGE<sub>2</sub> in VSMC. © 1993 Academic Press, Inc.

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Nitric oxide (NO) is an unstable but multifunctional molecule which mediates a number of diverse physiological processes, including smooth muscle relaxation, platelet inhibition, neurotransmission, immune regulation, and penile erection (1,2). NO is synthesized from L-arginine by NO synthase. Distinct forms of NO synthase have been molecularly cloned from brain (3), macrophages (4), and endothelium (5). NO binds with very high affinity to iron in the heme of soluble guanylate cyclase, eliciting a conformational change that enhances the catalytic activity of the enzyme to stimulate the formation of cyclic GMP (cGMP). However, not all actions of NO appear to be mediated by cGMP (6,7,8).

Interleukin-1 (IL-1), a monocyte- and macrophage-derived cytokine, is believed to be a major inflammatory mediator in blood vessels. IL-1 stimulates the production of prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) by vascular smooth muscle cells (VSMC). Recent evidence has demonstrated that IL-1 also activates guanylate cyclase in VSMC by inducing production of NO (9,10). However, the role of endogenous NO induced by IL-1 in VSMC has not been fully elucidated. Recently, it has been reported that NO may act on cyclooxygenase, another enzyme containing the heme component, to mediate the norepinephrine-induced PGE<sub>2</sub> release from the hypothalamus (11). Therefore, to define the role of endogenous NO in VSMC, we examined whether NO induced by IL-1 participates in the activation of cyclooxygenase to stimulate PGE<sub>2</sub>

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<sup>1</sup>To whom correspondence should be addressed.

production in VSMC. We found that NO may partially mediate the production of PGE<sub>2</sub> induced by IL-1 in VSMC.

## MATERIALS AND METHODS

**Materials:** Human recombinant interleukin-1 $\beta$  (provided by Otsuka Pharmaceutical Co., Tokushima, Japan) was used in this study. The specific activity (LAF activity) of the IL-1 $\beta$  was  $2 \times 10^7$  half-maximal units/mg protein. NG-monomethyl-L-arginine (L-NMMA), L-arginine, superoxide dismutase (SOD), sodium nitroprusside (SNP), 8-bromo-cyclic GMP (8Br-cGMP), and indomethacin were obtained from Sigma Chemical Co.

**Cell culture:** VSMC were isolated from rat aorta by explant method. Aortae were removed aseptically and placed in phosphate buffered saline, and the endothelium and adventitia were removed. Each aorta was cut into small pieces and cultured in DMEM with 20% FCS. Out grown cells were then passaged by harvesting with trypsin-EDTA. The cells were positively identified as smooth muscle cells by indirect immunofluorescent staining for  $\alpha$ -actin antibody and anti-mouse IgG FITC conjugate (Sigma Chemical Co.). For experiments, cells were grown in DMEM supplemented with 10% FCS and antibiotics, and were used between passage 3 and 8.

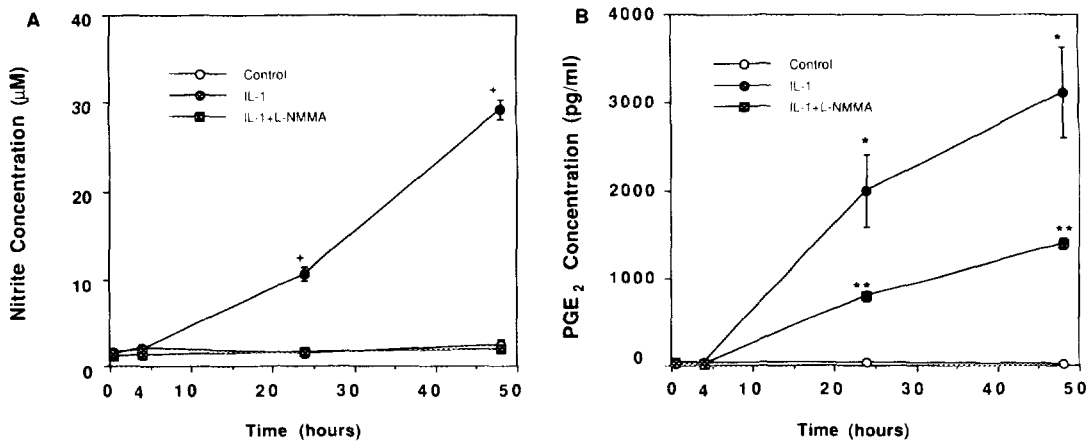
**Nitrite and prostaglandin E<sub>2</sub> assay:** Confluent cultures of VSMC in 24-well plates were preincubated with serum-free DMEM containing 0.1% BSA at pH 7.4 for 48 h. Then the medium was replaced with new DMEM containing 0.1% BSA and the appropriate stimuli or modulating compounds, and incubated for the indicated time periods. The conditioned incubation medium was collected and centrifuged at 500 x g. The nitrite level in the cell-free supernatant was determined by the addition of an equal volume of Griess reagent (1% sulfanilamide and 0.1% naphthylethylenediamine dihydrochloride in 2% phosphoric acid). The absorbance at 540 nm was measured, and nitrite concentration was determined using sodium nitrite as a standard. Prostaglandin E<sub>2</sub> concentration in the cell-free supernatant was determined with an EIA kit (Amersham).

**Data analysis:** Significance of differences was determined by Student's paired t-test, and  $p < 0.05$  was considered statistically significant.

## RESULTS

Figure 1 shows the kinetics of NO (Fig. 1A) and PGE<sub>2</sub> (Fig. 1B) release from VSMC following exposure to 10 ng/ml IL-1 in the presence or absence of 3mM L-NMMA, an inhibitor of NO synthesis, at a higher concentration than that of L-arginine in the medium (0.4mM). NO release from VSMC was determined by measuring nitrite levels in the culture supernatant. Significant increases in NO levels were observed after 24 h and 48 h incubation with IL-1 (Fig. 1A). Coincubation with L-NMMA completely inhibited IL-1-induced NO release from VSMC. On the other hand, incubation of VSMC with IL-1 also induced a delayed and prolonged PGE<sub>2</sub> release. The kinetics of the PGE<sub>2</sub> release correlated with the kinetics of the NO production in IL-1-treated VSMC (Fig. 1B). Although L-NMMA alone did not affect the basal levels of PGE<sub>2</sub> release (data not shown), it partially but significantly inhibited IL-1-induced PGE<sub>2</sub> release from VSMC.

Based on the kinetics experiments, the 48 h time point was used in the following experiments designed to determine the relationship between NO and PGE<sub>2</sub> release from VSMC. As shown in Table 1, the inhibition of IL-1-induced NO and PGE<sub>2</sub> release by



**Figure 1.** Kinetics of nitrite (A) and PGE<sub>2</sub> (B) release from VSMC. Confluent VSMC were preincubated for 48 h with DMEM containing 0.1% BSA, then cells were incubated with new medium containing IL-1 (10 ng/ml) in the presence or absence of L-NMMA (3mM). Incubation medium was then collected at the times indicated. Nitrite and PGE<sub>2</sub> concentrations in the medium were determined as described in the text. Values are mean±SD (n=3). \*p < 0.005, significantly different from control (A). \*p < 0.05, significantly different from control. \*\*p < 0.05, significantly different from VSMC treated with IL-1 alone (B).

L-NMMA was partially reversed by addition of 30mM L-arginine, a substrate for NO synthase. Although coincubation of VSMC with 1μM indomethacin, an inhibitor of cyclooxygenase, completely inhibited IL-1-induced PGE<sub>2</sub> release, it did not affect IL-1-

**Table 1. Nitrite and PGE<sub>2</sub> release from VSMC**

Treatment	Nitrite (μM)	PGE <sub>2</sub> (pg/ml)
Control	1.04 ± 0.05	22.2 ± 11.0
IL-1 (10 ng/ml)	20.52 ± 1.18 <sup>*</sup>	5693 ± 335 <sup>*</sup>
IL-1 + L-NMMA (3mM)	1.37 ± 0.16 <sup>**</sup>	2202 ± 464 <sup>**</sup>
IL-1 + L-NMMA + L-Arg (30mM)	6.02 ± 0.37 <sup>***</sup>	3610 ± 533 <sup>***</sup>
IL-1 + Indomethacin (1μM)	19.11 ± 0.69	29.6 ± 8.6
IL-1 + SOD (100 u/ml)	21.22 ± 1.13	8487 ± 379 <sup>**</sup>
SNP (0.2mM)	14.80 ± 0.16 <sup>*</sup>	288.5 ± 6.5 <sup>*</sup>
8Br-cGMP (2mM)	1.86 ± 1.14	24.4 ± 2.1

Confluent VSMC were preincubated with DMEM containing 0.1% BSA for 48 h, then the medium was replaced with new medium containing various drugs and incubated for 48 h. Nitrite and PGE<sub>2</sub> concentrations in the incubation medium were determined as described in the text. Values are mean±SD (n=3). <sup>\*</sup>p < 0.001, significantly different from control. <sup>\*\*</sup>p < 0.001, significantly different from VSMC treated with IL-1 alone. <sup>\*\*\*</sup>p < 0.001, significantly different from VSMC treated with IL-1 and L-NMMA. \*p < 0.001, significantly different from control. \*\*p < 0.001, significantly different from VSMC treated with IL-1 alone. \*\*\*p < 0.05, significantly different from VSMC treated with IL-1 and L-NMMA.

induced NO production. In contrast, 100 u/ml SOD, which prolongs the half life of NO, significantly enhanced the IL-1-induced PGE<sub>2</sub> release. Furthermore, 0.2mM SNP, which releases NO directly, stimulated PGE<sub>2</sub> release from VSMC, although the amount of PGE<sub>2</sub> release by SNP was smaller than that by IL-1. On the other hand, 2mM 8Br-cGMP did not stimulate PGE<sub>2</sub> release from VSMC.

## DISCUSSION

In this study we demonstrated that L-NMMA, an inhibitor of NO synthesis, partially inhibited PGE<sub>2</sub> release induced by IL-1 from VSMC. This inhibition was partially reversed by a 10-fold excess of L-arginine, a substrate for NO synthesis. Furthermore, SOD, which prolongs the half life of NO by inhibiting the generation of superoxide radicals, enhanced the IL-1-induced PGE<sub>2</sub> production. These findings suggest that NO may partially mediate the PGE<sub>2</sub> production induced by IL-1 in VSMC.

Although NO activates soluble guanylate cyclase by binding to its heme-component and stimulates cGMP accumulation in VSMC, 8Br-cGMP did not stimulate PGE<sub>2</sub> production. Furthermore, incubation with SNP alone resulted in an increase in PGE<sub>2</sub> production, suggesting that NO may directly stimulate the prostaglandin synthesis by binding to the heme-component of cyclooxygenase and activating this enzyme in VSMC. However, coincubation with L-NMMA did not completely inhibit the production of PGE<sub>2</sub> induced by IL-1, whereas it completely inhibited the IL-1-induced NO production. These results suggest that IL-1-induced PGE<sub>2</sub> production may be mediated through both NO-dependent and NO-independent mechanisms.

In this regard, IL-1 stimulates the activity of not only cyclooxygenase but also phospholipase A<sub>2</sub> (PLA<sub>2</sub>), which stimulates the generation of arachidonic acid, a substrate for PGE<sub>2</sub> production, in human fibroblasts (12), rat mesangial cells (13), and rat VSMC (14). Since PLA<sub>2</sub> does not contain the heme-component, it is unlikely that NO stimulates PLA<sub>2</sub> activity in IL-1-treated VSMC. Thus, NO-independent mechanisms may be involved in the activation of this enzyme. Furthermore, although SNP stimulated both NO and PGE<sub>2</sub> release, the amount of PGE<sub>2</sub> release was much smaller than that induced by IL-1. Thus, other second signals may be involved in the full activation of the NO-dependent mechanism for PGE<sub>2</sub> production in IL-1-treated VSMC. However, further investigations are necessary to clarify these points.

In conclusion, our results indicate that NO could be one of the important second signals for the stimulation of PGE<sub>2</sub> production induced by IL-1 in VSMC.

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